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International Society for
Traditional, Complementary
& Integrative Medicine Research

 European Society of
Integrative Medicine



2ND WORLD CONGRESS OF INTEGRATIVE MEDICINE AND HEALTH

Rome - September 20-23, 2023

ANGELICUM CONGRESS CENTER

18th International Congress on Complementary Medicine Research (ISCMR)

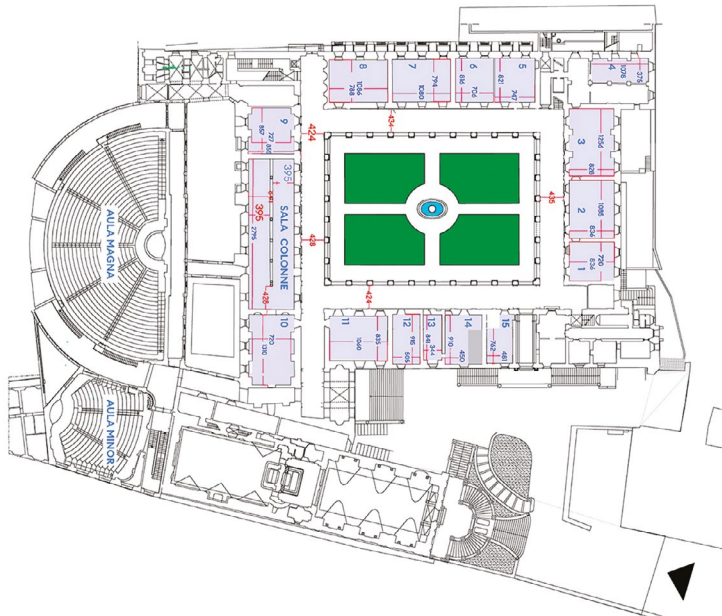
15th European Congress for Integrative Medicine (ECIM)

11th ARTOI International Conference



ANGELICUM CONGRESS CENTER

Largo Angelicum, 1 | 00184 Roma



GREETINGS FROM CONGRESS PRESIDENTS

Dear Colleagues,

As presidents, it is our pleasure to welcome you to the 2nd World Congress on Integrative Medicine & Health (WCIMH) in Rome September 20-23, 2023.

This event also marks the 18th International Congress on Traditional, Complementary & Integrative Medicine Research (ICCMR), the 15th Congress for Integrative Medicine [ECIM] and the 11th ARTOI International Conference (ARTOI).

The 2nd World Congress WCIMH arises from multiple needs: first of all, that of selecting and presenting the best research activities conducted worldwide, in the experimental and clinical fields, on traditional, complementary and integrative medicine and health. Research that aims to advance theoretical knowledge and expand and diversify concrete applications to benefit people's health and well-being.

For this reason, ample space is reserved for the various and numerous experiences of integrating complementary medicine into health resources and even more within healthcare systems worldwide. The values of this Congress are the strong international imprint we have left, focusing on the experiences made in every corner of the planet, always supported by the best scientific evidence available, and including treatment systems that have their roots in millenary traditions.

We defined several exciting congress topics including integrative oncology and the range of therapies for the person with cancer, in the awareness that the patients require and deserve a global approach aimed not only at improving their physical symptoms but also attentive to optimizing their emotional and mental well-being.

The clinical practice of traditional, complementary, and integrative medicine is the protagonist of many sessions, together with the deepening of research topics - basic, translational, and clinical - and the training of therapists and healthcare professional.

A global and integrated approach to well-being also means multidisciplinary collaboration between the various professional figures, synergy in the definition of an authentic path towards health: we, therefore, give importance to holistic treatments such as massage, mind-body techniques, touch therapy, healthy nutrition and physical activity, as an essential foundation for promoting a lifestyle that nourishes and sustains health.

Specific sessions are dedicated to the central themes of pediatrics because the child's health is the basis of the well-being of adults and society. Furthermore

an important and a actual focus will be on post-infectious diseases in the world scenario redesigned by COVID-19 and finally we will highlight the topic art and medicine, to work out the importance of art treatment for medicine and to reflect what medicine in art work.

Last but not least: the WCIMH takes up and relaunches the challenge of consolidating an international network of researchers, clinicians, and therapists in the beautiful town of Rome, The objective of this community should be to commit to promoting comparison, dialogue, and exchange of ideas, practices, and experiences - within our field and with conventional medicine - to advance together towards health for all, with respect for nature, the environment, and all living beings that inhabit the planet.

There is a saying: "All roads lead to Rome". We welcome you with great enthusiasm to the 2nd WCIMH in Rome in September 2023.

CONGRESS PRESIDENTS

Ting Bao

Massimo Bonucci

Benno Brinkhaus

Sian Cotton

Holger Cramer

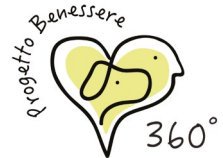
Elio Rossi

Amie Steel

Claudia Witt

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CONGRESS PRESIDENTS



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University Professor, Director of the Tuscan Regional Center for Integrative Medicine. Former Head of Homeopathy Clinic AUSL North-West Tuscany, Lucca - Regional reference structure for homeopathy, Italy



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GUEST SPEAKERS

Prof. Kim Sungchol

Executive of WHO - World Health Organization

INVITED SPEAKERS

GIACINTO BAGETTA

Professor of Pharmacology, Department of Pharmacy, Health Science and Nutrition - University of Calabria, Italy

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Co-Founder of Haifa Oncology Service, Lin Medical Center - Primary Researcher of the Middle East Research Group in Integrative Oncology (MERGIO) within the Middle East Cancer Consortium (MECC) - Member of the Society for Integrative Oncology (SIO) Board of Trustees, SIO Regional Ambassador to Europe and the Middle-East - Israel

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Application of evidence-based medicine methods in integrative oncology research - China

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LKS Faculty of Medicine
The University of Hong Kong

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SANTHOSSHI NARAYANAN

Associate Professor in the Department of Palliative, Rehabilitative and Integrative Medicine at The University of Texas MD Anderson Cancer Center - USA

CLAIRE OPPERT

French cellist graduated from the Tchaikovsky Conservatory in Moscow.
Every Friday she goes to the oncology and palliative care department of the hospital of Sainte-Perine - France

RAMMANOHAR PUTHIYEDATH

Research Director, Amrita Centre for Advanced Research in Ayurveda (ĀCĀRA),
School of Ayurveda, Amritapur - India

ROBERT B. SAPER

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VOHRA SUNITA

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INES VON ROSENSTIEL

Director of the Integrative Medicine outpatient's clinic at Rijnstate Hospital in Arnhem, the Netherlands, member of the Dutch Consortium Integrative Medicine and Health

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

Angelicum Congress Center

07.00 - 08.00 Registration and reception

CLOISTER - Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

08.30 - 10.30 PRE-CONGRESS WORKSHOP

ROOM 1
105 min **Levels of Health' as a novel clinical tool for assessing prognosis and treatment response in chronic diseases**

Seema Mahesh - Mahesh Mallappa

ROOM 2
90 min **Integrative oncology treatment (IOT) for GBL under ARTOI method**

Massimo Bonucci - Giampietro Ravagnan - Maria Pia Fuggetta - Anna Rita Stringaro

ROOM 5
Challenges of evidence-based medicine in the context of integrative Medicine and Health: PAHO/WHO and CABSIN perspective

Ricardo Ghelman, Caio Portella, Rafael dal Alba

ROOM 6
105 min **International Policy Issues on Traditional, Complementary, and Integrative Health**

Nadine Ijaz - Miek Jong - Daniel F. Gallego-Perez - Jon Wardle

WEDNESDAY | September 20 | 2023

ROOM 7
105 min

Lessons Learned from Delivering Governmentally Recognized Integrative Medicine Education: A Case of Cupping Therapy Course

Zainab AlMusleh - Tamer Aboushanab

ROOM 8
90 min

The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

Leslie Mendoza Temple

ROOM 9
105 min

Application of Metaverse and Blockchain Technology in Integrative Medicine

Babak Daneshfard

ROOM 10
105 min

Network TCIM alternatives for antibiotics worldwide: Global Initiative for Traditional Solutions to Antimicrobial Resistance (GIFTS-AMR) (JPIAMR funded)

Erik W. Baars, David Martin, Desislava Vankova, Esther van der Werf, Merlin Willcox, Petra Weiermaye

ROOM 11
105 min

The role of the microbiome in cancer etiology, treatment and outcomes and strategies for diagnosing and treating the microbiome in oncology

Sorbarikor Piawah - Carla Kuon - Shannon Elizabeth Fogh

10.30 - 11.00

COFFEE BREAK

11.00 - 13.30

PRE-CONGRESS WORKSHOP

September 20 | 2023

WEDNESDAY

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

ROOM 1
90 min

Oncology and theoretical-practical experiences of acupuncture application

Franco Cracolici - Giuseppe Lupi

ROOM 2
90 min

Understanding Anemia: from diagnosis to integrative treatment

Francesca Andreazzoli - Massimo Bonucci

ROOM 3
105 min

Yoga and Spirituality: Science, Rationale and Research Evidence

Sat Bir Khalsa - Arndt Bussing

ROOM 5
90 min

Towards an international federation of Academic Consortia for Integrative Medicine?

Rogier Hoenders - Ricardo Ghelman - Amy Locke - Miek Jong

ROOM 7
105 min

Health education in cancer patients: a re-newed paradigm of "active" prevention

Antonietta Iasiello

ROOM 8
105 min

Nature, Biophilia and Mental Health: from Evidence to Real World

Juliana Gatti-Rodrigues - Marina Lencastre - Maria José Curado - Caio Portella

ROOM 9
75 min

Hyperthermia as an adjunctive treatment in patients with cancer: clinical and applicative data

Massimo Bonucci - Giammaria Fiorentini - Antonio Maria Costa - Carlo Pastore - Andrea Mambrini - Girolamo Ranieri - Alberto Gramaglia

September 20 | 2023

WEDNESDAY

ROOM 10
105 min

In the borderland between body and mind - exploring the science of sinosomatics

Florian Beissner - Annemarie Schweizer-Arau

ROOM 11
105 min

New Frontiers: Neuro-Acupuncture. History, research and clinical applications of an effective system combining traditional Acupuncture and Neurosciences

Cecilia Lucenti - Giovanna Franconi

13.00 - 13.30

WORKSHOPS CLOSURE

Chamber of Deputies, Chamber of parliamentary groups

Via Campo Marzio 78, 00186 Rome

16.00 - 18.00

Ceremony Opening of 2WCIM&H

1. Greetings from institutional and international authorities, with the participation of Dr. Tedros Adhanom Ghebreyesus, Director-General of the World Health Organisation (recorded video)
2. ARTOI integrative oncology: state of art - Massimo Bonucci
3. Integrative medicine and health in Europe and worldwide Benno Brinkaus - Holger Cramer
4. ESIM Excellence in Integrative Medicine Research Awards (Stefan Willich)
5. ISCMR Award (Holger Cramer)
6. ARTOI Award (Massimo Bonucci)
7. Welcome Words by Helene Langevin "What kind of science is needed to advance integrative medicine and health?"

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

CLOISTER - Angelicum Congress Center

07.00 - 08.00

TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 09.00

Registration and reception

Aula Magna

08.45 - 10.30

Plenary 1: Future CIM Research Strategies

Chair: Holger Cramer / Benno Brinkhaus / Massimo Bonucci

40 min
(including Q&A)

Helene Langevin - Integrative Health: The challenges, and potential rewards, of moving beyond silos

40 min
(including Q&A)

Dr. Marja Verhoef Methodology Lectureship Presented by: Jianping Liu - Importance of Research in Integrative Medicine: Opportunities and Challenges

30 min
(including Q&A)

Amy Locke - Using the ideals of Integrative Medicine to create the future of healthcare: from the sideline to leading

10.30 - 11.00

COFFEE BREAK

Aula Minor

11.00 - 13.15

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

“Integrative Medicine with epigenetic experiences”

Chair: Miek Jong

Co-Chair: Isabel Giralt

20 min

Ernesto Burgio - Glioblastoma: genetics, epigenetics, holo-genomics. Toward a systemic diagnostic-therapeutic approach

20 min	Franco Cracolici - Acupuncture: Traditional and Modern Medicine between genetics and epigenetics
20 min	Lorenzo Cohen - Lifestyle factors and the hallmarks of cancer
20 min	Eleonora Lombardi Mistura - Epigenetic breastfeeding

Techniques and effects

15 min	Carmelo Guido - Use of Traditional Chinese Medicine (TCM) in facial nerve palsy
15 min	Joanna Dietzel - Cardiovascular effects of auricular stimulation - systematic review and meta-analysis
15 min	Samuel Attias - Effectiveness of Reflexology, and Sham Reflexology on Preoperative Anxiety in Patients Undergoing Laparoscopic Cholecystectomy: A Single-Blinded Randomized Controlled Trial
15 min	Xue Charlie - Evidence-based clinical Chinese medicine: the whole-evidence approach

ROOM 1

11.00 - 13.15	<p>HOLISTIC INTEGRATIVE TREATMENTS "Holistic treatments effectiveness"</p> <p><i>Chair: Niki Munk</i></p> <p><i>Co-Chair: Donelda Gowan</i></p>
15 min	Alina Schleinzer - Effects of Yoga on stress in stressed adults: A systematic review and meta-analysis
15 min	Nina Vollbehr - Mindful yoga intervention as add-on to treatment as usual for young women with major depressive disorder: results from a randomized controlled trial

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Alina Moosburner - Yoga for depressive disorders: A systematic review and meta-analysis

15 min

Nina Vollbehre - Cost-effectiveness of a mindful yoga intervention added to treatment as usual for young women with major depressive disorder versus treatment as usual only

Holistic treatment techniques

15 min

Pietro Bertoldi - Frequencies, Vibrations, Oscillations and Waves in TUINA Techniques

15 min

Abdulaziz Alanazi - The Safety and Adverse Events Associated with Cupping Therapy: Creating a Taxonomy

15 min

Sebahat Yaprak Cetin - The Effects of Baduanjin Qigong Exercise via Telerehabilitation in Ankylosing Spondylitis: A Randomized Controlled Trial

ROOM 2

11.00 - 13.15

BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE

“Mechanisms of action of natural substances”

Chair: Alessia Fabbri

Co-Chair: Stephan Baumgartner

15 min

Qiyu Ding - Gengnianshou Decoction Increases Estrogen Level without Side Effects on Reproductive Tissues in Ovariectomized Rats

15 min

Federico José Cortés Bueno - Stromal precursors in dentistry from science to reality “bone regeneration and implant osseointegration”

- 15 min **Rafael Dall'Alba** - Evidence-Based Medicine in the context of Complementary and Integrative Traditional Medicines: a critical analysis
- 15 min **Chen Bai** - Key issues of the method of carrying out a case series study in real world on the inheritance of illustrious senior traditional Chinese medicine practitioners

Homeopathy

- 15 min **Alexander Tournier** - Fundamental research in homeopathy: considerations and recommendations
- 15 min **Yvonne Samstag** - Differentially manufactured Arnica montana L. extracts mediate anti-inflammatory effects on human T cells via different signaling pathways
- 15 min **Imane Lejri** - Gelsemium Low Doses Increases Bioenergetics and Neurite Outgrowth
- 15 min **Annekathrin Ücker** - Duckweed - (Lemna gibba L.) as test organism in homeopathic basic research

ROOM 3

- 11.00 - 12.00 **INTEGRATIVE ONCOLOGY AND CANCER CARE**
Chair: Emiliano Tamburini
Co-Chair: Massimo Bonucci
- 15 min **Pol De Saedeleer** - Critical evaluation of scientific publications of conventional & complementary cancer treatment protocols to improve patient outcome during and after treatment
- 15 min **Agnete Egilsdatter Kristoffersen** - Prevalence of late and long-term effects of cancer (treatment) and use of complementary and alternative medicine in Norway

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Nordberg Hök - Teaching Swedish oncology health care professionals about complementary and integrative medicine: course design & evaluation

15 min

Salvatore Bonanno - Radiotherapy and Hospice: an integrated multidisciplinary organizational approach

12.00 - 13.30

WORKSHOP

Present and future of Clinical Use of Cannabis in Oncology
Off-topic: Intravenous High-Dose Vitamin C in Oncology

Francesco Coriglione, Marco Landi, Giovanni Isoldi, Paolo Etiope

ROOM 5

11.00 - 13.15

ARTS & MEDICINE

"Dance, Music, Paint and Arts Therapies in Medicine"

Chair: Stefan Willich

Co-Chair: Tiziana Di Giampietro

10 min

Oliver Micke - Medicine is Art and Art Medicine - The impact of Art for Cancer Patients

10 min

Cristina Endrizzi - Crisis, creativity and finitude. Experiences with expressive therapy in Hospice

10 min

Annette Mehl - Approaching artistic expression through the therapist's eye and patient's self-reported Inner Correspondence. A conceptual framework to evaluate and better understand the impact of anthroposophic painting and eurythmy therapy on clinical outcome

10 min

Suzanne Haeyen - The powerful experience. Emotion regulation and self-image in personality disorders in arts & psychomotor therapies

10 min	Ronja Joschko - The effect of active visual art therapy on health outcomes: A systematic review and meta-analysis of randomised controlled trials
10 min	Moses Sharon Benraf - Painting; The act of painting as a pain reliever
10 min	Pieralba Chiarlone - I have seen the life dancing. The end-of-life stories: a narrative analysis
10 min	Monica Culen - How healthcare clowns can contribute to more supportive hospital environments: RED NOSES Partnerships in the Healthcare System
10 min	Susan Van Hooren - Arts Therapies in Forensic Psychiatric Care: a review on effects, active elements, and mechanisms of change

ROOM 6

11.00 - 13.15	<p>COVID 19 AND OTHER (POST) INFECTION DISEASES “Complementary Integrative medicine in acute Covid 19 infection”</p> <p><i>Chair: Giampietro Ravagnan</i></p> <p><i>Co-Chair: Simona Dragan</i></p>
15 min	Myeong Soo Lee - Use of traditional, complementary and integrative medicine during the COVID-19 pandemic: a systematic review and meta-analysis
15 min	Maria Emilia Gadelha Serra - Clinical effectiveness of medical ozone therapy in COVID-19: the evidence and gaps map
15 min	Lin Ang - A nationwide survey on the management of COVID-19 pandemic in South Korea using complementary and alternative approaches

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

“Complementary Integrative medicine in acute Covid 19 infection”

- 15 min **Peter W. Gündling** - Use and effect of a special cistus extract during the Corona pandemic - Retrospective survey study among users and prescribers
- 15 min **Ovejero Aranzazu González** - Improving the quality of life of persistent COVID patients with nutraceutical intervention supported by mycotherapy
- 15 min **Maryam Iranzadasl** - Efficacy of topical galbanum oil with dry cupping in hospitalized COVID-19 patients: A randomized open-label clinical trial
- 15 min **Kieran Cooley** - Interim Report on a Live Review of Systematic Reviews of Natural Health Products and Natural Therapies in the Prevention and/or Treatment of COVID-19

ROOM 7

- 11.00 - 13.15 **INTEGRATIVE PEDIATRICS:**
“From Prevention to Palliation”
Chair: Claudio Farinelli
Co-Chair: Melanie Anheyer
- 20 min **Alessio Fasano** - Food, Pesticides, Dysbiosis and Obesity
- 20 min **Monica Galanti** - Digital Intoxication
- 20 min **Jan Vagedes** - Pollution and Non communicable disease
- 20 min **Suzi Tortora** - Speaking the unspeakable: The Power of Dance & Movement with Children for Healing and Wellness
- 20 min **Mercedes Ogal** - Outpatient integrative-medicine options in pediatric palliative care

THURSDAY September 21 | 2023

20 min

Simone Brasil de Oliveira Iglesias - Integrative practices into palliative support as holistic and multidimensional care in Brazil

15 min

Discussion Q&A

ROOM 8

11.00

WORKSHOP SPONSORED BY

105 min

MIRAGLOfoundation

Integrative Health and Medicine in the Prevention and Treatment of Cardiovascular and Non-Communicable Disease

"Light, Love and Service Without Borders" Miraglo Foundation is dedicated to the advancement of Integrative and Holistic Medicine education and researched, providing healthcare, services, and education to underserved communities locally and globally. Miraglo Foundation is a not-for-profit 501c3 Public Charity, registered in California, 2011.

www.miraglofoundation.org

Guarneri Mimi

ROOM 9

12.00 - 13.30

EUJIM Editorial Board Meeting

BY INVITATION ONLY

ROOM 10

11.00 - 13.15

NUTRITION AND LIFESTYLE "Diet and wellness"

Chair: Ryan Bradley

Co-Chair: Tiziana Toso

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

20 min

Puthiyedath Rammanhoar - Chrono-nutrition: An Ayurvedic perspective

15 min

Kieran Cooley - Mediterranean diet adaptations to traditional cultural eating paradigms: a realist synthesis

15 min

Camille Lieners - Superiority of an igg guided elimination-rotation diet compared to fodmap diet and classic dietary recommendations in the management in patients with mixed form of irritable bowel syndrome

Experiences

15 min

Rebeca Montejano Vallejo - Green Hospital Food: Implementation of sustainable, plant-based foodservices at the University Hospital Essen

15 min

Giorgio Noera - Long term tube feeding enteral nutrition with Italian quality product Arthrospira Platensis

15 min

Theresa Ertlmaier - Individual breastfeeding experience in an anthroposophic hospital: a mixed methods study

15 min

Rogier Hoenders - A Combined Lifestyle Intervention for Psychiatric Outpatients (CHAPTER): Results of a Pilot Randomized Controlled Trial

ROOM 11

11.00 - 13.15

**INTEGRATIVE ONCOLOGY AND CANCER CARE
"Acupuncture in cancer"**

Chair: Janet Schloss

Co-Chair: Stefano Magno

15 min

Grazia Lesi - Acupuncture as integrative medicine in breast cancer patients: an italian feasibility study in Emilia Romagna oncology hospital settings

15 min	Lee Ye-Seul - Safety and efficacy of acupuncture for symptom management in breast cancer patients
15 min	Yuxiang Wan - Exploring the mechanism of peritumoral acupuncture promoting vascular normalization of breast cancer based on DIA proteomics and photoacoustic imaging
Acupuncture in cancer	
15 min	Yu Ruifang - Acupuncture Reduces Insomnia in Lung Cancer Survivors: A Retrospective Cohort Study
15 min	Yang Ming - Acupuncture for rectal cancer patients with low anterior resection syndrome (LARS): A mixed method pilot study protocol
15 min	Suzanne Danhauer - The Effects of Acupuncture on Treatment-Related Symptoms & Symptom Interference in Patients with Head and Neck Cancer Experiencing Chronic Radiation-Induced Xerostomia (RIX): Wake Forest NCI Community Oncology Research Program Research Base (WF NCORP RB) Randomized, Sham-controlled Trial WF-97115
15 min	Massimo Rinaldi - Singular and combined effects of Nordic Walking practice and Acupuncture on bioelectrical impedance vector of breast cancer survivors
13.30 - 14.30	LUNCH
ROOM 1	
13.30 - 14.30	ROUND TABLE LUNCH WITH STUDENTS

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

ROOM 5

13.30 - 14.30 **IMR Editorial Board Meeting**
BY INVITATION ONLY

ROOM 6

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

ROOM 9

13.30 - 14.30 **ROUND TABLE LUNCH WITH NURSES**

ROOM 10

13.30 - 14.30 **ROUND TABLE LUNCH WITH NURSES**

Aula Magna

14.30 - 16.00 **Plenary 2: Integrative Oncology**

Chair: Massimo Bonucci / Ting Bao

Discussant: Richard Lee

25 min **Eran Ben-Arye** - Integrative Surgery along the continuum of integrative oncology care

25 min **Gary Deng** - Integrative Oncology: What Now and What Next?

25 min **Francesco Bottaccioli** - Cancer and Psychoneuroendocrineimmunology

15 min **Discussion Q&A**

16.00 - 16.30 **COFFEE BREAK**

THURSDAY September 21 | 2023

Aula Minor

16.30 - 18.30

BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE "The News in research: Aromatherapy and plant extracts"

Chair: Andrea Burgarcic

Co-Chair: Carla Fiorentini

24 min

Giacinto Bagetta - Aromatherapy: from bench to bedside

12 min

Lissandra Fogaça Master - Aromatherapy Clinical Effectiveness Evidence Map

12 min

Carina Klocke - AroMaDem - Aroma oil massage with lavender oil for residents in nursing homes with agitated dementia

12 min

Judith Czakert - Aromatherapy, Dental Fear and Anxiety: Influence of essential-oil vaporization in dental practices on acute anxiety - a multicenter, cluster-randomized, controlled, single-blinded study (AROMA_dent)

Miscellaneous

15 min

Valerio Paziienza - Identifying predictive bacterial markers from cervical swab microbiota on pregnancy outcome in woman undergoing assisted reproductive technologies

15 min

Lun-Chien Lo - Exploring the pivotal variables of tongue coating metabolites between patients with type 2 diabetes from healthy controls

15 min

Stefano Magno - Lipid markers in cell membranes: a useful molecular based tool for evaluation of inflammatory status in breast cancer patients. The BreCaLip study

15 min

Eun Jung Lee - Cervi Parvum Cornu Facilitates Recovery of Bone Fracture via partially BMP-Smad/p38-mediated Osteoblast Differentiation

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

ROOM 1

16.30 - 18.30

HOLISTIC INTEGRATIVE TREATMENTS

"Holistic treatments effectiveness" (Yoga as a holistic treatment)

Chair: Maria Bernadette Ligabue

Co-Chair: Romy Lauche

15 min

Garry Tew - Yoga for older adults with multimorbidity: Randomised controlled trial with embedded economic and process evaluations

15 min

Nina Vollbehre - Exploring young women's experiences participating in a mindful yoga intervention for depression: qualitative analysis of positive and negative effects

15 min

Anuja Chhabra - Yoga-Based Practices for the Voice Disorder of primary Muscle Tension Dysphonia

15 min

Helen Lavretsky - Mechanisms of response to yoga or memory training in older women at risk for Alzheimer

Miscellaneous

15 min

Sashank Nyapati - Worldviews and Mental Health: A Scoping Review

15 min

Anna Maria Rezo - Integrative Mental Health Care Compared to Standard Care: An Observational Study

15 min

Michael Wainke - Substance Use Disorder and pain - Are Mindfulness Based Interventions effective?

15 min

Julien Nizard - The interest of an integrative medicine approach to empower the autonomy of the fibromyalgia patient

THURSDAY September 21 | 2023

ROOM 2

16.30 - 18.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Homeopathy in Cancer”

Chair: Emanuela Portalupi

Co-Chair: Thomas Breitzkreuz

15 min

Francesca Bosinelli - A Randomized Controlled Trial addressing cancer-related cognitive impairment (chemobrain) in a sample of breast cancer patients undergoing rehabilitation exercises, diet, and add-on complementary medicine: Preliminary findings

15 min

Heidemarie Haller - Effectiveness of Mind-Body Medicine on reducing side effects of endocrine therapy in breast cancer patients: a randomized controlled trial

15 min

Marialessandra Panozzo - Severity of radiodermatitis in breast cancer patients with preventive treatment with homeopathic/integrative protocol compared with a control group with standard care

15 min

Mohammed Bennani - Benefits of homeopathic complementary treatment in breast cancer patients: A retrospective cohort study based on the French nationwide healthcare database (SNDS)

Mistletoe and cancer

15 min

Harald Walach - Quality of life in breast cancer patients treated with mistletoe extract: A systematic review and meta-analysis

15 min

Alyson Huntley - The Mistletoe and Breast cancer (MAB) study: a UK pilot RCT

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Friedemann Schad - Improvement of quality of life in lung cancer patients receiving radiotherapy in combination with *Viscum album L.* -a real-world data study

ROOM 3

16.30 - 18.00

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

“Integrative Medicine with acupuncture”

Chair: Miek Jong

Co-Chair: Isabel Giralt

15 min

Boram Lee - The effect of sham acupuncture can be different according to the needling point on knee osteoarthritis: A systematic review and network meta-analysis

15 min

Fai Fai Ho - Patients' perceptions on non-specific effects of acupuncture: Qualitative comparison between responders and non-responders

15 min

Cecilia Lucenti - Neuroacupuncture is a feasible future for integrating acupuncture into physician training and clinical practice. A university training model experienced in Italy

15 min

Carlo Maria Giovanardi - Acupuncture for migraine prophylaxis and for patients recovering from stroke

15 min

Franco Cracolici - Acupuncture and Stroke: therapeutic protocols in the public and private sectors

18.10

WORKSHOP

105 min

Integration of Brainwave Entrainment and Electroacupuncture: Effects on Prefrontal Cortex Hemodynamics and Autonomic Balance

Francisco José Cidral-Filho, Gianluca Bianco, Daniel Fernandes Martins

ROOM 5

16.30 - 18.30

PEDIATRIC DISEASES “Prevention and treatment of recurrent pediatric infectious diseases”

Chair: Ricardo Ghelman

Co-Chair: Carina Braeutigam

15 min

Yin Lingjia - Effect of pediatric Tuina (massage) on children's recurrent acute respiratory tract infections: a retrospective cohort study in Southern China

15 min

Chen Bai - TMT-based proteomics analysis reveals the effect of a high-calorie diet on LPS-induced pneumonia by disturbing lung-brain axis

15 min

Esther Van Der Werf - Can homeopathy reduce antibiotic use while maintaining symptom control for acute otitis media? A systematic review

15 min

Chen Bai - Experimental Study on Yinlai Decoction Treating Gastrointestinal Fever Complicated with Pneumonia in Rats by Regulating Short Chain Fatty Acid Metabolism through Intestinal Microflora

Miscellaneous

15 min

Yara França - Effectiveness of Shantala massage in pain management of infants after painful procedure: Pilot quasi-experimental study

15 min

Matteo Galli - Osteopathic manipulative treatment (OMT) in pediatrics and neonatology: a scoping review

15 min

Peter James - The use of traditional medicine practitioners for childhood illness among childbearing women: a multi-level Analysis of Demographic and Health Surveys in 32 sub-Saharan African countries

15 min

Claudio Farinelli - Effectiveness of an intervention method on the treatment habits of pediatric patients

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THURSDAY **September 21, 2023**

ROOM 6

16.30 - 18.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION "Types of therapies"

Chair: Jeffery Dusek

Co-Chair: Amie Steel

15 min

Erika Cardozo Pereira - Clinical Effectiveness of Apitherapy: Evidence Map

15 min

Lilly Joschko - Nature-based therapy: mental well-being and connectedness to nature in psychosomatic patients

15 min

Talita Margonari Lazzuri - Effects of floral therapy on the state of anxiety in climacteric women

15 min

Anna Koch - Yoga as therapy for burnout: Health Technology Assessment Report on Efficacy, Safety, Economic, Social, Ethical, Legal and Organisational Aspects

TCM

15 min

Xiaowen Zhang - The core components of traditional Chinese medicine complex interventions and their connections: A qualitative study with Chinese clinicians

15 min

Xiang-Yun Zou - Traditional Chinese medicine for olfactory dysfunction: A bibliometric analysis of published clinical studies

15 min

Robert Hackman - Intake of Hokkaido red wine reduces blood pressure and improves vascular function in healthy adult men

15 min

Tony Zhang - Evidence-based clinical Chinese medicine for vascular dementia: the whole-evidence approach and the current best evidence

ROOM 7

16.00 - 18.00

European Council of Doctors for Plurality in Medicine (ECPM) - 30th anniversary “The added value of medical doctors in traditional, complementary and integrative health care”

https://icimcongress.org/wp-content/uploads/2023/08/ecpm_web.pdf

30 years of ECPM - introduction & welcome - **Susanne Schunder-Tatzber**

The added value of MDs in TCIH - **Dominik Irnich**

Challenges of translation in TCIH into patient care - **Benno Brinkhaus**

Discussion:

Future of MDs in TCIH in various EU Regions

Dominik Irnich

Benno Brinkhaus

Elio Rossi

Petr Fiala

Holger Malchow

ROOM 8

18.00 - 19.30

ESIM member meeting

ROOM 9

16.30 - 18.30

**CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION
“TCM clinical experiences and research”**

Chair: Vincent Chung

Co-Chair: Elizabeth Thompson

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min	Cecilia Lucenti - Clinical experience of Neuroacupuncture in Parkinson's Disease
15 min	YiShun Tam - Associations between using Chinese Herbal Medicine and both clinical outcome and gut microbiome in Eczema patients: A Prospective Observational Study
15 min	PakYin Tse - Associations between Chinese Herbal Medicine for different syndrome differentiation and clinical outcome in Eczema patients: A Retrospective Cohort study
15 min	Changhao Liang - Current status and challenges of ancient TCM literature as evidence to support clinical decision-making

Homeopathy

15 min	Bruno Galeazzi - One Health, One Medicine
15 min	Rachel Roberts - Scientific Standards in Homeopathy Research: Context is everything
15 min	Ricardo Ghelman - Evidence Mapping - Clinical Effectiveness of Homeopathy
15 min	Antonella Ronchi - How to overcome the fragmentation in the homeopathic world hampering the integration of homeopathy?

ROOM 10

16.30 - 18.30	NUTRITION AND LIFESTYLE "Lifestyle and Illness: how we can win" <i>Chair: Marina Aimati</i> <i>Co-Chair: Lorenzo Anelli</i>
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THURSDAY September 21 | 2023

15 min

Rachael Frost - Older adults' views and experiences of using herbal medicines and dietary supplements to promote health in later life: A qualitative study

15 min

Francisco Cidral - The effects of brainwave entrainment associated with the Mediterranean diet on clinical symptoms of depression: a randomized controlled trial

15 min

Gonza Ngoumou - Evaluation of an innovative two weeks course on nutrition in the context of planetary Health in medical education at Charité University Medicine Berlin

15 min

Xiaohong Gu - Overweight and obesity among kindergarten children in Shenzhen, China: a cross-sectional study

FASTING

15 min

Carolyn Breinlinger - Defining fasting: an international consensus process on fasting terminology

15 min

Daniela Koppold - Prolonged modified fasting for osteoarthritis: a prospective observational study

15 min

Katharina May - Feasibility and Effects of repetitive cycles of a Fasting Mimicking Diet on Subfertile Men - A qualitative data analysis

15 min

Li Anqi - Efficacy of oats for dyslipidemia: a systematic review and meta-analysis

ROOM 11

16.30 - 18.30

INTEGRATIVE ONCOLOGY AND CANCER CARE "Acupuncture / Herbal Medicine"

Chair: Petra Voiß

Co-Chair: Francesco Marino

CONFERENCE PROGRAM

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15 min

Carmelo Guido - Impact of acupuncture on acute dysphagia in patients treated with radio-chemotherapy for squamous-cell carcinoma of the head-neck area: prospective randomized phase 2 study. Preliminary data

15 min

Maria Abad Arranz - Role of Acupuncture in the management of orphan symptoms related to the antitumour treatments: experience of the multidisciplinary oral therapy outpatient clinic of the "Giuseppe Mazzini" Hospital, Teramo, Italy

15 min

John Hughes - Feasibility trial of Self-Acupuncture for Chemotherapy Cancer patients

15 min

Xuwei Qi - Peritumoral electro-acupuncture promote tumor vascular normalization by promoting M1-type TAMs polarization

Acupuncture /Herbal Medicine

15 min

Yiqing Cai - Effects of electroacupuncture on postoperative complications of gastrointestinal cancers: A systematic review and meta-analysis

15 min

Roberto Senatori - Long-Term effect of Fractional CO2 Laser Therapy for Genitourinary Syndrome of Menopause (GSM) in Breast Cancer Survivors: mono-central perspective study

15 min

Leonardo Leiria - The effect of the use of Saint Germain flower essences as a complementary integrative practice in the modulation of inflammatory markers in women with breast cancer associated with the use of tamoxifen

15 min

Jodie Freeman - Urtica comp. gel is highly effective in reducing the need for rescue care in breast cancer patients undergoing radiation therapy

THURSDAY September 21 | 2023

Angelicum Congress Center

18.30 - 20.00

European Council of Doctors for Plurality in Medicine (ECPM) - 30th anniversary "The added value of medical doctors in traditional, complementary and integrative health care

30 years of ECPM - Prosecco & Aperol

WELCOME CONGRESS COCKTAIL

- 1. Happy Hours**
- 2. Italian Snack & Street Food**
- 3. Music & Entertainment**

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

CLOISTER - Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 09.00 Registration and reception

Aula Magna

09.00 - 10.30 **Plenary 3: Complementary and Integrative Medicine in Times of Limited Health Care Resources**

Chair: Amie Steel / Claudia Witt

30 min **Vivian Lin** - Traditional, complementary and integrative medicine in universal health coverage

30 min **Robert Saper** - Wellness Equity

30 min **ROUND TABLE DISCUSSION**

1. Gustav Dobos
2. Rammanhoar Puthiyedath
3. Daniel Gallego Perez
4. Elio Rossi
5. Gail Hughes

10.35 - 10.40 **Benno Brinkhaus, Elad Schiff, Eran Ben-Ayre:**
Presentation of ECIM conference In Jerusalem Sept. 4-6 2024

10.40 - 11.00 **COFFEE BREAK**

FRIDAY September 22 | 2023

ROOM 1

11.00 - 13.30

BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE “New results in basic research”

Chair: Maria Pia Fuggetta

Co-Chair: Anna Katharina Koch

15 min

Nhat Minh Tran - Identifying target organs of Radix Achyranthis Bidentatae: A bioinformatics approach on active compounds and genes

15 min

Changyong Luo - Establishment of intelligent prescription model for respiratory and febrile diseases diagnosis and treatment of famous and veteran TCM doctor based on transfer learning

15 min

Yannick Pots - Implementation of New Global Integrated 35-Minor/1-Major-IMH-Theoretical-Knowledge-Matrix-Research-Model Based on Transcontinental Multidisciplinary-Multidimensional-Multimodal Eastern-&Western-Medicine-Mindsets Related-to Integrative-Oncology, Evidence-Based Cancer-Health-Care-Therapy-Systems & Patient-Centred Cancer-Health-Status-Value-Added-Creation/Optimisation

15 min

Chen Bai - Analysis on the common problems of grounded theory in the research implementation on the inheritance of experience from illustrious senior TCM practitioners

New results in basic research

15 min

Valerio Paziienza - Counteracting gemcitabine+nab-paclitaxel induced dysbiosis in KRAS wild type and KRASG12D mutated pancreatic cancer in vivo model

CONFERENCE PROGRAM

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15 min

Yang Tao - Utilizing network pharmacology and experimental validation to explore the mechanisms of Qijiafuzheng formula promoting CD8+ T cell infiltration in microenvironment of lung adenocarcinoma through STAT1/CXCL10

15 min

Ivano Hammarberg Ferri - Protective Effect of Limosilactobacillus fermentum ME-3 against the Increase in Paracellular Permeability Induced by Chemotherapy or Inflammatory Conditions in Caco-2 Cell Models

15 min

Jeong Mi-Kyung - Bojungikki-Tang Enhances the Efficacy of Pembrolizumab Treatment in Human PBMC-Injected H460 Tumor-Bearing Mice

ROOM 2

11.00 - 13-30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

Chair: Giuseppe Lupi

Co-Chair: Nadine Jjaz

15 min

Cloe Brami - Understanding students' motivations for participating in a mindfulness course: A qualitative analysis of medical students' views

15 min

Felicity Bishop - Exploring the process of health behaviour change in traditional acupuncture practice: A longitudinal qualitative study

15 min

Maija Pyykkönen - Use of complementary and integrative health (CIH) in Finland: a cross-sectional survey

15 min

Herman Van Wietmarschen - A Dutch national research agenda on integrative medicine: results of a consensus-based strategy

FRIDAY
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Miscellaneous

Petra Bäumlér - Proposal of a diagnostic algorithm for myofascial trigger points based on a multiple correspondence analysis of cross-sectional data

Silvia Voullième - "Connections that transform": promoting Complementary Therapies in Oncology through the patient experience

Louise Mulder - Co-creation of an evidence-based toolkit to facilitate communication on complementary medicine between general and complementary care practitioners in the Netherlands

Jeremy Ng - A Bibliometric Analysis of the Research Literature Published in Traditional, Complementary, Alternative, and Integrative Medicine-Categorized Journals

ROOM 3

11.00

WORKSHOP

105 min

Transforming the Relationship to the Body Through Interoceptive Awareness Training

Cynthia Price - Dana Dharmakaya Colgan - Megan Sherman

ROOM 5

11.00 - 13.30

HOLISTIC INTEGRATIVE TREATMENTS "Holistic treatments effectiveness"

Chair: Tobias Esch

Co-Chair: Arndt Büssing

15 min

Eliane Timm - Evaluating effects of an online course "Eurythmy Therapy in Cancer" on quality of life, stress, mindfulness and sleep quality in adult participants

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Shiao Li Oei - Efficacy of Tango Argentino on cancer-associated fatigue in breast cancer patients

15 min

Simonia Silva - Effects of osteopathic manipulative treatment in the billiary dyskinesia

15 min

Niki Munk - Comparison of Therapist-Applied Massage vs. Waitlist Control for Veterans with Chronic Neck Pain

Techniques and protocols

15 min

Felice Picariello - Concept of Dermatofunctional Physiotherapy and endermologie with special technique

15 min

Agnese Antonioli - The role MYNd&CO protocol in pain and mobility management in pregnant women: a pilot study

20 min

Pietro Marino - Nanomechanics and Cellular Electrodynamics: a fundamental contribution to the rationale of Manual therapies

15 min

David Blow - Impact of elastic decompression NeuroMuscular Taping methodology modulating phasic mechanical forces in restoring lymphatic functioning after breast reconstruction

ROOM 6

11.00 - 13.30

**COVID 19 AND OTHER (POST) INFECTION DISEASES
"TCM in acute infection and post-COVID 19"**

Chair: Tony Zhang

Co-Chair: Kieran Cooley

15 min

Chunli Lu - Traditional, Complementary and Integrative Medicine for fatigue post COVID-19 infection: a systematic review of randomized controlled trials

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- 15 min **Xiang-Yun Zou** - Traditional Chinese medicine for post-viral olfactory dysfunction: a systematic review
- 15 min **Xinyan Jin** - Traditional Chinese medicine for COVID-19 pandemic: An online cross-sectional survey among health care workers
- 15 min **Federica Sabatini** - Acupuncture and Traditional Chinese Medicine (TCM) in Long Covid symptoms: the experience of the Fior di Prugna Center

TCM in acute infection and post-COVID 19

- 15 min **Fai Fai Ho** - Patient Satisfaction on Traditional Chinese Medicine Telemedicine Service During the COVID-19 Pandemic: A Cross-Sectional Study
- 15 min **Xinyan Jin** - Traditional Chinese medicine for poor appetite in long COVID-19: A systematic review of randomized controlled trials
- 15 min **Chunli Lu** - Traditional, Complementary and Integrative Medicine for respiratory post-viral fatigue: an umbrella review of systematic reviews and meta-analysis of randomized controlled trials
- 15 min **Xuehan Liu** - The characteristic and outcomes of dyspnea in studies of traditional Chinese medicine for respirovirus infections related diseases: evidence from randomized clinical trials

CONFERENCE PROGRAM

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ROOM 7

11.00 **SYMPOSIUM**

105 min

Measuring Health - Salutogenesis and Hygiogenesis-orientated Questionnaires for the Evaluation of Integrative Medicine - Theory, Evidence and Perspectives

Moderation Emanuela Portalupi; Gene Feder

Matthias Kröz, Emanuela Portalupi, Gene Feder, Erik Baars, Annette Mehl, Alyson Huntley, Gutenbrunner C., Zerm R.

ROOM 8

11.00 **WORKSHOP**

105 min

Neurobiological Modulation with Radio Electric Asymmetric Conveyer (REAC) Treatments in Epigenetic Pathologies

Vania Fontani, Arianna Rinaldi, Salvatore Rinaldi, Alessandro Castagna, Rinaldi Fontani Institute

ROOM 9

11.00 - 13.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE**

“Mistletoe and Herbal Medicine”

Chair: Alain Toledano

Co-Chair: Lorenzo Anelli

15 min

Stephan Baumgartner - Viscum album Lipophilic Extract in Actinic Keratosis, Cutaneous Squamous Cell Carcinoma and Basal Cell Carcinoma: A Retrospective Case Series

15 min

Chen Bai - On the Core Prescriptions and Their Mechanisms of Traditional Chinese Medicine in Hepatitis B-Liver Cirrhosis-Liver Cancer Treatment

15 min **Yuxiang Wan** - Uncovering Active Ingredients and Mechanisms of Huaier on Modulating Metabolic Reprogramming of Hepatocellular Carcinoma: A Study Based on Network Pharmacology, Molecular Docking and Bioinformatics

15 min **Anita V. Thomae** - Development of self-care eLearning courses for cancer patients: An implementation research project with broad stakeholder engagement

Homeopathy and Counseling

15 min **Elio Rossi** - Integrative oncology in the Public Hospital of Lucca (Italy): Outcome results of 10 years of activity

15 min **Farokh Master** - Efficacy of Homoeopathy in Advanced Solid Tumors of Brain and Spinal cord

15 min **Ming Hong Kwong** - Factors influencing the implementation of integrative oncology interventions in cancer care: Theoretical Domains Framework guided systematic review

15 min **Helena Dürsch** - A qualitative exploration of the facilitators and barriers affecting the implementation of a counseling program on complementary and integrative healthcare: Perceptions of patients and counselors.

ROOM 10

11.00 - 13.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE**

“Program and Protocols in Cancer”

Chair: Miriam Ortiz

Co-Chair: Francesco Marino

15 min **Franco Cracolici** - The multidisciplinary reality of the Oncology Department of the Tuscany Health Authority USL Sud Est

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15 min

Elkana Waarsenburg - The Transdiagnostic Oncology Program (TOP), a combined lifestyle intervention for improving the quality of life of cancer survivors: a controlled before-and-after pilot study in the primary care setting

15 min

Anne Gimalac - Integrative oncology and the terrain approach in Traditional European Medicine (TEM): a Swiss perspective

15 min

Suzanne Grant - Prehabilitation and Integrative Oncology for Women with Cancer receiving Chemotherapy: Co-design and Qualitative Study

Clinical Homeopathy

15 min

Antonietta Iasiello - Treatment of cancer patients at the "Dr Spinedi" clinic: therapeutic model and timing of interventions with classic homeopathy in cancer treatment in a complex case of colon carcinoma

15 min

Mariya Lilova - Evaluation of the role of homeopathy in an integrative care day hospital for oncology outpatients in Strasbourg (France). A qualitative study

15 min

Farokh Master - Efficacy of Homeopathy in advanced metastatic cancer pain management

ROOM 11

11.00 - 13.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

"Clinical experiences and research"

Chair: Emmeline Edwards

Co-Chair: Roberto Senatori

15 min

Tiziana Di Giampietro - Updating Hahnemann's Language

15 min

Leslie Mendoza Temple - The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

15 min

Katja Löbel - Herbal medicines in Chile: views and experiences of healthcare providers

15 min

Merlin Willcox - Feasibility of clinical trials on herbal medicines in UK primary care: lessons learned

Mental Health

15 min

Nadine Ijaz - Motivations, Training, and Practice Characteristics of Integrative Medical Doctors in Ontario, Canada: An Exploratory Study

15 min

Ricardo Ghelman - Meditation: Evidence Map of Systematic Reviews

15 min

Mohammad Nawab - Understanding cerebro-asthenia (Zuf al Dimagh): A rational approach for its assessment and treatment in clinical practice

15 min

Julia Berschick - From Burnout to Breakthrough. Mental Health at German Hospitals: Grey Literature Review with Semi-structured Interviews

13.30 - 14.30

LUNCH

ROOM 1

13.30 - 14.30

ROUND TABLE LUNCH WITH STUDENTS

ROOM 6

13.30 - 14.30

ROUND TABLE LUNCH WITH STUDENTS

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

ROOM 9

13.30 - 14.30

ROUND TABLE LUNCH WITH NURSES

ROOM 10

13.30 - 14.30

ROUND TABLE LUNCH WITH NURSES

Aula Magna

14.30 - 16.10

Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE

Chair: Jan Vagedes

Co-Chair: Tido Von Schoen-Angerer

25 min

Ines von Rosenstiel - Implementation and Advocacy

25 min

Ricardo Ghelman - Policy informed by evidence: Evidence Map of Systematic Reviews on Integrative Pediatrics

25 min

Sunita Vohra - Pediatric integrative medicine research needs and opportunities to build evidence with each patient seen

20 min

Discussion Q&A

16.05 - 5 min

Sian Cotton - Presentation of ICIMH / ISCMR conference in Cleveland in April 9-13 2024

16.10 - 16.30

COFFEE BREAK

Aula Magna

16.30 - 18.40

Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE

Chair: Ricardo Ghelman

Co-Chair: Francesco Macrì

FRIDAY September 22 | 2023

10 min

Kim Sungchol - Perspective from WHO Traditional, Complementary and Integrative Medicine Unit

10 min
(Recorded Video)

Kathi Kemper- Pearls from a Pioneer **10 min (Recorded Video)**

10 min

Darong Wu - Historical development and application of traditional/complementary medicine in children's health care: a prospective from China

10 min

Catharina Amarell - Historical background of Integrative Pediatrics in Europe

10 min

Hilary McClafferty - Pediatric Integrative Medicine in Residency (PIMR) Program

10 min

Ann Ming - Training the Next Generation of Integrative Pediatricians: A Novel Pediatric Integrative Medicine Clinical Fellowship

10 min

Afred Längler - Complementary Medicine in pediatric oncology - Trainings needs of pediatric oncologists - Development and evaluation of a blended learning training

10 min

Erica Sibinga - Investigating the experience of an audio-based mindfulness vs. control program for mothers with infants in the neonatal intensive care unit at Johns Hopkins School of Medicine

10 min
(Recorded Video)

Tanuja Nesari - Research with Ayurveda in Pediatrics at All India Institute of Ayurveda, Ministry AYUSH (Recorded Video)

10 min

Georg Seifert - A Quest for Healthy Childhood in German-speaking Countries: challenges, and research contributions of integrative medicine and future trends

10 min

Discussion Q&A

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

Aula Minor

16.30 **WORKSHOP**

105 min **Improved Ionic Calcium Signaling: A Clinical and Research Target**

Ryan Bradley

ROOM 1

16.30 - 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Elio Giovanni Rossi

Co-Chair: Romy Lauche

15 min **Cloe Brami** - How to reduce empathic distress and increase emotional skills in medical training? Experience of a Mindfulness-Based stress reduction class vs. control group in France

15 min **Melanie Steinmetz** - Development of a Burnout and Stress Prevention Intervention with Mind-Body Medicine for Healthcare Professionals Using Critical Synthesis of Multi-Method Research - Results of the Needs Assessment

15 min **Joanna Harnett** - Defining and supporting a professional role for pharmacists associated with traditional and complementary medicines - a cross-country study

15 min **Ricardo Ghelman** - Evidence Map - Clinical Effectiveness of Anthroposophic Medicine

Miscellaneous

15 min **Maria Olga Kokornaczyk** - Multi-cancer detection based on pattern formation in drying body fluids: a systematic review and meta-analysis of diagnostic test accuracy studies

- 15 min **Carina Staab** - Updating clinical prediction models for nonrecovery in older adults with back pain using only patient-reported outcomes
- 15 min **Ana Sabater** - Practical applications of pharmacogenetics in anticoagulant treatment
- 15 min **Kassem Sameer** - Integrative Medicine in Treating Uncontrolled Diabetes in North Israel. A Proposal for Culture-Tailored Approach

ROOM 2

- 16.30 - 17.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**
“Herbal medicine and homeopathy”
Chair: Suzan Grant
Co-Chair: Rogier Hoenders
- 15 min **Blakeslee Sarah** - Collecting scientific data or herding cats? Lessons from integrative medicine interventions especially with children in real-world settings
- 15 min **Shen Chen** - Clinicians’ and pharmacists’ perceptions, attitudes, and clinical practices regarding herb-drug interactions: a cross-sectional survey
- 15 min **Maunder Alison** - The role of naturopathy for women with diminished ovarian reserve: surveys, a Delphi study and a feasibility randomised controlled trial
- 15 min **Marino Francesco** - A comprehensive database of scientific evidence: a vital need for the homeopathic Community
- 15 min **Liu Xuehan** - Traditional Chinese Medicine for pain related to respiratory virus infection: an overview
- 15 min **Emily Yang Guoyan** - Ginkgo Biloba for Mild Cognitive Impairment and Alzheimer’s Disease: An Updated Systematic Review and Meta-Analysis of Randomized Controlled Trials

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

ROOM 3

16.30

WORKSHOP

105 min

An Experiential Workshop on Transpersonal Integrative Medicine for Adults and Children: Supporting the Human Spirit Allows the Body to Optimally Accept Contemporary Medicine

David Steinhorn, Jana Din, Al Striplen - Chagala Ngesa

ROOM 5

16.30 - 18.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

Chair: Barbara Stock-Schröer

Co-Chair: Donelda Gowan

15 min

Leonard Ho - Quantification of prevalence, clinical characteristics, co-existence, and geographic variations of traditional Chinese medicine diagnostic patterns via latent tree analysis

15 min

Miriam Ortiz - Clinical Effects of Kneipp Hydrotherapy - a Systematic Review of Randomized Controlled Trials

15 min

Run Lin Linr - Methodological Issues of Zelen's Design and its Applications in TCM Clinical Trials

15 min

Changhao Liang - How well did the consensus methods apply in the guideline development of traditional Chinese medicine: A Web-Based Survey in China

Miscellaneous

15 min

Charles Tesser - Scientific evidence for the use of auriculotherapy in primary health care

15 min	Julia Siewert - Hydrotherapy and acupressure in restless legs syndrome - a randomized, controlled, three-arm, explorative clinical trial
15 min	Cynthia Price - Interoceptive Awareness Training for Chronic Pain Treatment: A Pilot Implementation Science Study in an Integrative Health Clinic
15 min	Xuehan Liu - Effectiveness and safety of Maxing Shigan Decoction for community-acquired pneumonia: A systematic review and meta-analysis of randomized controlled trials

ROOM 6

16.30 - 18.30	<p>BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE</p> <p><i>Chair: Yvonne Samstag</i></p> <p><i>Co-Chair: Carla Fiorentini</i></p>
15 min	Bat Zion Zidenberg - The effect of reflexology on anxiety and the use of epidural anesthesia during advanced stages of labour: a randomized control trial
15 min	Ye-Seul Lee - Machine learning model to predict short-term outcomes following acupuncture and manual therapy for lumbar disc herniation using electronic health records
15 min	Céline Braunwalder - Phytotherapy and Anthroposophic medicine as a treatment option for allergic rhinitis: A systematic review
15 min	Phoebe Zhou - Development of a synergistic combination for endothelial dysfunction in cardiovascular diseases

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

Miscellaneous

- | | |
|--------|---|
| 15 min | Martin Landenberger - Strategy change in oncology-individual adaptation of conventional and complementary therapy strategies based on tumor gene expression and sensitivity of circulating tumor cells |
| 15 min | Kento Takayama - The diet-induced differences in gut microbiota determines the responder / non-responder of Daiokanzoto (Da-Huang-Gan-Cao-Tang) |
| 15 min | Maria-Riera Piqué-Borràs - Investigating the Potential Anti-Inflammatory Effects of an Herbal Mixture Preparation on Inflammatory Bowel Disease |

ROOM 7

16.30 **WORKSHOP**

105 min **Stakeholder Input into the new WHO Global Strategy for Traditional, Complementary and Integrative Medicine**

The workshop is organized by the "People's Declaration on Traditional, Complementary and Integrative Healthcare" (TCIH Declaration), a coalition of over 300 professional and patient organizations, research and education centers

Kim Sungchol, Head of the Traditional, Complementary and Integrative Medicine Unit at the WHO

Tido von Schoen-Angerer, Mimi Guarneri Jianping Liu, Susan Wieland, Dennis Chang, Myeong Soo Lee, Heather Boon, Natalia Sofia Aldana Martinez, Thomas Breitkreuz, Nadine Ijaz

ROOM 8

16.30

105 min

WORKSHOP SPONSORED BY



How integrative medicine in veterinary can provide a contribution to research in human health

Alessandro Benvenuti, Carla Fiorentini, Valerio Paziienza, Maurizio Scozzoli, Maura Di Vito, Enrico Gugliandolo, Rosalia Crupi, Alessandra Frosi, Donato Sarcinella

ROOM 9

16.30 - 18.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Cannabis in Cancer”

Chair: Matthias Rostock

Co-Chair: Maurizio Episodio

15 min

Richard T. Lee - Patients and Clinicians Perspectives about Cannabis Use While Receiving Cancer Treatment at a Comprehensive Cancer Center (CCC)

15 min

Janet Schloss - Increased Survival Rate in High Grade Glioma patients with Medicinal Cannabis

15 min

Simone Fagherazzi - High dosage supplementation with pharma grade CBD in ovarian cancer patients, a study proposal

15 min

Joanna Harnett - Cannabis-drug interactions: what do Australian pharmacists and health care professionals need to know?

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

Integrative Oncology Treatments

- | | |
|--------|--|
| 15 min | Massimo Bonucci - Integrative therapy in triple-negative breast cancers: observational study in 48 patients |
| 15 min | Claudia Vollbracht - Systematic review: Evidence for high-dose intravenous vitamin C in oncology |
| 15 min | Janet Schloss - Naturopathic herbal management of lung, colorectal and skin cancer: International practitioner survey |
| 15 min | Janet Schloss - Traditional and Contemporary Herbal Medicines in Management of Cancer: A Scoping Review |

ROOM 10

16.30 - 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Nadine Ijaz

Co-Chair: Carmelo Guido

- | | |
|--------|---|
| 15 min | Martine Busch - Developing the Integrative Nursing Education Series Handbook for Teachers |
| 15 min | TongLin - Application of Response Adaptive Randomization and Simulations in Clinical Trials of Traditional Chinese Medicine |
| 15 min | Rachael Frost - Over-the-counter medicines, herbal medicines and dietary supplements for depression, anxiety and insomnia: A scoping review |
| 15 min | Klara Dolakova - Integrating CAM within national healthcare: professionals' experiences and views of CAM integration within the NHS in the context of ethics |

Miscellaneous

- 15 min **Eliane Timm** - Evaluation of the Integrative Medicine in Intensive Care program - External Applications as a Complementary Medicine Supplement for Intensive Care Patients
- 15 min **Birgit Kröger** - Development and evaluation of a training program for interprofessional counseling on complementary and integrative health care for an as part of the CCC integrative study
- 15 min **A-La Park** - Cost-Effectiveness of Chuna Manual Therapy and Usual Care, Compared with Usual Care Only for People with Neck Pain following Traffic Accidents: A Multicenter Randomized Controlled Trial
- 15 min **Roshini Srinivasan** - Becoming WHOLE: A Whole Health Operation for Learning and Empowerment for Caregivers across the University Hospitals Health System

ROOM 11

- 16.30 - 18.15 **INTEGRATIVE ONCOLOGY AND CANCER CARE**
“Integrative Medicine in Cancer Patients”
Chair: Francesca Andreazzoli
Co-Chair:
- 15 min **Marco Picchi** - Patients refusing anticancer treatments and Complementary and Integrative Medicine
- 15 min **Johanna Hök Nordberg** - Exploring the Challenges of Communicating about Complementary and Alternative Medicine When Cancer Patients Decline Conventional Treatment: A Qualitative Study of Patients

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Miek Jong - A mixed method randomized controlled pilot study assessing the feasibility, safety, and impact of a wilderness experience for adolescent and young adult cancer survivors: the WAYA study

15 min

Arndt Büsing - Spiritual Care as part of Integrative Medicine approaches requires documentation of patients' existential and spiritual needs: Implementation of the Spiritual Needs Screener in Palliative Care Counseling

Mushrooms treatments

20 min

Narayan Santosshi - Medicinal mushrooms in cancer care

15 min

Suzanne Grant - Medicinal Mushrooms and Cancer: Scoping Reviews

15 min

Pere Gascón - Nanoemulsified fungal actives emerge as natural immunoadjuvants for cancer prevention and treatment in ongoing clinical trials

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

CLOISTER - Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 08.30 Registration and reception

Aula Magna

08.30 - 09.30 **Plenary 5: Arts and Medicine**

Chair: Stefan Willich / Benno Brinkhaus

15 min **Claire Oppert** - Music in palliative care. The Schubert Treatment: clinical studies and reflections

15 min **Iva Fattorini** - Contemporary arts and medicine

15 min **Stefan Willich** - Arts in medicine - tradition, evidence, perspectives

15 min **Discussion Q&A**

Aula Magna

09.45 - 11.15 **Plenary 6: Nutrition in relationship to Human and Planetary Health**

Chair: Sian Cotton / Elio Rossi

25 min **Alessio Fasano** - Food, Pesticides, Dysbiosis, and Chronic Inflammatory Diseases: The Autoimmune and Obesity Paradigms

25 min **David Eisenberg** - Teaching Kitchens as Future Learning Laboratories

25 min **Gustav Dobos** - Healthy and sustainable diet for people and planet

SATURDAY **September 23 | 2023**

SATURDAY

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

20 min **Discussion Q&A**

11.15 - 11.45 **COFFEE BREAK**

11.15 - 11.45 **POSTERS AWARDS PRESENTATION**

Aula Magna

11.50 - 13.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE
"Integrative Oncology: present and future"**

Chair: Ivano Hammarberg Ferri

Co-Chair: Mimma Raffaele

20 min **Thomas Breitzkreuz** - The KIM experience: a model for implementation of Integrative Oncology-services in hospitals and cancer centres

20 min **Ting Bao** - Integrative Oncology: Present and Future

15 min **Alain Toledano** - The French Society of Integrative Oncology (SFOI): an Integrative Oncology à la française

15 min **Suzanne Grant** - Integrative Oncology Research Program at an Australian Cancer Hospital

15 min **Jean-Lionel Bagot** - Homeopathic recommendations in integrative oncology by expert consensus methodology: user friendly clinical guidelines for best practice

15 min **Taha Mohsin Juma Al Lawati** - Cancer Burden in Oman and Gulf Region

15 min **Eran Ben-Arye** - Considering European Society for Integrative Oncology (ESIO) with the SIO: working together for a better future

ROOM 1

11.50 -13.05

PEDIATRIC DISEASES

"Miscellaneous"

Chair: in progress

Co-Chair: in progress

15 min

Paula Pasqualucci - An Unit of Integrative Pediatrics in Brazil: Present and Future

15 min

Matteo Galli - Osteopathic manipulative treatment (OMT) in children operated on for congenital pulmonary malformations (CPM) A case series

15 min

Sarah Blakeslee - Watering sprouts. Barriers, hurdles and opportunities to implementing a health and lifestyle concept with preschool children - qualitative observations and lessons learned

15 min

Trine Stub - A qualitative study among healthcare providers on risks associated with the use of supportive care for cancer treatment-related symptoms in children and adolescents

15 min

Giulia Bottaccioli - Empathy at school project (ESP). Effects of didactics of emotions® on psycho-biological variabilities among primary school children: results of a controlled longitudinal study and implications for further research perspectives

15 min

Esther Martínez García - Pioneering integrative pediatric oncology unit in Spain: advancing care models and clinical objectives

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

ROOM 2

11.50 - 13.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Integrative Processes and treatments”

Chair: Maurizio Episodio

Co-Chair: Konstantina Stylianou

15 min

Katia Belvedere - Integrating conventional and complementary treatments in cancer care: the process within the public healthcare system of the region of Tuscany, Italy

15 min

Giammaria Fiorentini - Integrative hyperthermia versus chemotherapy in patients with locally advanced pancreatic cancer: a multicenter retrospective observational comparative study on 217 patients

15 min

Jürgen Barth - Effectiveness of a mindfulness and relaxation app on distress in people with cancer (CanRelax)

15 min

Annamaria Di Palma - Ozone therapy in the management of collateral effects related to the use of hormone therapy in prostate cancer

Diet and cancer

15 min

Carolyn Ee - The role of integrative oncology in managing weight gain after breast cancer

15 min

Lorenzo Anelli - Don't eat what you want! 10 reasons why it is necessary to give the utmost importance to nutrition in colorectal cancer

ROOM 3

11.50 - 12.50

COVID 19 AND OTHER (POST) INFECTION DISEAS

“Complementary Integrative Medicine in post-COVID 19 symptoms”

Chair: Erik Baars

Co-Chair: Matthias Kröz

15 min

Chunli Lu - Chinese herbal medicine Shufeng Jiedu capsule for patients with mild to moderate coronavirus disease 2019 (COVID-19): a two-center, randomized, double-blind, placebo-controlled trial

15 min

Chen Bai - Combining metabolomics and 16s rDNA sequencing to reveal the mechanism of Maxing Shigan Decoction in treating pneumonia

15 min

Hongguo Rong - A scoping review of Chinese medicine for monkeypox: suggestions from other contagious viral pox-like diseases

15 min

Arndt Büssing - Wondering awe and gratitude buffers yoga practitioners' psychological wellbeing during the COVID-19 pandemic - Findings from three consecutive cross-sectional surveys

15 min

Chunli Lu - Traditional, complementary and integrative medicine for dermatoses related to human coronavirus infection: a systematic review

ROOM 6

11.50 - 12.50

HOLISTIC INTEGRATIVE TREATMENTS

Chair: Heidemarie Haller

Co-Chair:

15 min

Doris Lieth Peçanha - Students quality of life: assessment intervention with yoga

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15 min

Maurice Van den Bosch - A.R.I.S.E. Standing Yoga for improved self-care and resilience of healthcare professionals

15 min

Fausta Romano and Anna Siniscalco - An Integrated Tai chi Chuan-Psychoanalysis Training Model. A Pilot Experience

15 min

Massimiliano Scapecchi - Facial Reflexology as a mindfulness technique in oncology

15 min

Yue Fan Ming - A critical appraisal of clinical practice guidelines on massage using the AGREE II instrument

15 min

Nesi Jacson - Osteopathy and Medical Rationalities

15 min

Nina Vollbehr - The ethics of yoga in (mental) healthcare: beyond the traditional Eightfold path

ROOM 7

11.50 - 13.30

“Towards the foundation of the European Network of Integrative Oncology”

EUROCAM, ARTOI, CRMI Tuscany e KIM Baden - Württemberg

Elisa Baldini - EUROCAM

Massimo Bonucci - ARTOI Foundation

Elio Giovanni Rossi - Tuscan regional centre of integrative medicine

Thomas Breitkreuz - Competence Network on Integrative medicine in Baden-Württemberg

ROOM 8

11.50 - 12.50

INTEGRATIVE PEDIATRIC ONCOLOGY

Chai: Massimo Bonucci

Co-Chair: M. Yamamura

15 min	Nirupa J. Raghunathan - Integrative Pediatric Oncology at Memorial Sloan Kettering Hospital
15 min	George Seifert - Integrative Pediatric Oncology at Charité Universitätsmedizin Berlin, Department of Pediatrics, Division of Oncology and Hematology
15 min	Chen Yun - Integrative Oncology for Childrens at Shandong University
15 min	Paula Lage Pasqualucci - Integrative Pediatric Unit in the São Paulo University Hospital of Pediatric Oncology ITACI
15 min	Raviv Peleg - Pediatric integrative oncology program in Schneider Children's Medical Center
15 min	David Steinhorn - Supporting the Human Spirit through Transpersonal Integrative Medicine at Capital Caring Health
10 min	Discussion Q&A

ROOM 9

In progress **ROUND TABLE BREAKFAST WITH STUDENTS**

ROOM 10

In progress **ROUND TABLE BREAKFAST WITH NURSES**

ROOM 11

11.50 - 13.05 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Josef Hummelsberger

Co-Chair:

15 min **Guoyan Yang** - Effects and mechanisms of Tai Chi on mild cognitive impairment and early-stage dementia: A scoping review

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15 min

Rogier Hoenders - An outpatient clinic for integrative mental health: patient characteristics and health outcomes based on patient reported routine outcome monitoring data

15 min

Anne Leis - Effectiveness of Integrative Medical Care For Adult Depression: A Quasi-Experimental Study

15 min

Ana Paula Simões-Wüst - Bryophyllum pinnatum and improvement of nocturia and sleep quality in women: a multi-centre, non-randomised prospective trial

15 min

Raymond Landgraaf - Acupuncture and low-carb diet: an innovative and non-invasive treatment for obesity

15 min

Francesco Macrì - One Health model and Integrative Medicine

13.30

CLOSING CONGRESS

SATURDAY September 23 | 2023



present



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 Nutrition University of
 Calabria

Prof. Ben-Arye Eran
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 Institute of Cancer Research,
 Lin Medical Center Israel

Prof. Breikreuz Thomas
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 and Palliative Care,
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